

WEEKLY LUNCH PLAN

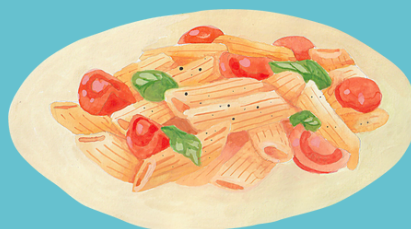
WEEK 1



MONDAY

LUNCH

Pasta with
tomato sauce
Mixed veggies
Milk



TUESDAY

LUNCH

Baked Beans
Couscous
Milk



WEDNESDAY

LUNCH

Mexican Rice
Casserole
Mixed Veggies
Milk



THURSDAY

LUNCH

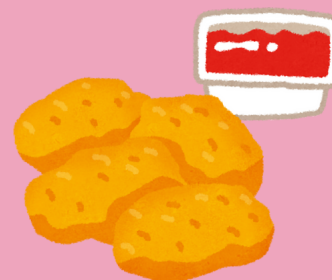
Red Lentil Soup
Mini Naan
Milk



FRIDAY

LUNCH

Chicken
Nuggets Fries
Veggies milk



WEEKLY LUNCH PLAN

WEEK 2



MONDAY

LUNCH

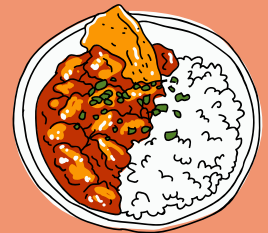
Mini pizza on
Naan bread
Veggies
Milk



TUESDAY

LUNCH

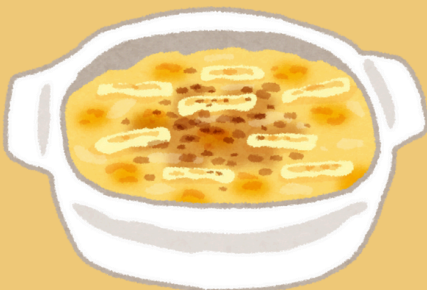
Butter
chicken
Rice
Veggies
Milk



WEDNESDAY

LUNCH

Macaroni and
Cheese
Roasted Broccoli
Milk



THURSDAY

LUNCH

Tikka Masala
Rice
Milk



FRIDAY

LUNCH

Chicken Fried
Rice
Mixed Veggies
Milk

